



Department of Pediatrics, Medical Psychology and Urology

25th en 26th March 2022



UMC Utrecht
Wilhelmina Children's Hospital

[hetwkz.nl](https://www.hetwkz.nl)



Welcome

Dear colleagues, members and friends,

It is our pleasure to welcome you to this educational course Urotherapy & Urodynamics. For the 14th time the urotherapy department of Wilhelmina Children's Hospital (UMCU) organizes a Urotherapy course. It is a great honor to organize it, this year on behalf of the ICCS board and the Dutch Association Continence in Children (NVCK).

The course program is a combination of keynote and oral presentations reflecting on the bladder and bowel dysfunction and its treatment, in children and young people.

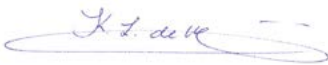
The first day starts with a presentation of nursing research in children with bladder and bowel problems. We will continue with the medical evaluation for bowel dysfunction. Information will be shared on the topics; incontinence in children with special needs and obesities, overactive bladder, ineffective sensory modulation, and the novel drug Mirabegron. Furthermore, a comprehensive approach to the evaluation and management of bedwetting will be covered and case-based discussions on day and nighttime wetting will guarantee practical applicability.

During the second day, we will immerse ourselves in the world of urodynamics. All aspects of the practical use and evaluation of urodynamic studies will be addressed.

Thank you for joining us in-person or online, bringing your expertise to our gathering. Not only the outstanding scientific program but also your input as a participant will contribute to the success of this course. We hope you will leave this course not only with new ideas and examples of good practice but also with new networks and colleagues who together will continue to make a difference to the lives of children suffering from bladder and bowel problems.

Let's make it an inspiring course together!

We are pleased to welcome you.



Head Pediatric Urology
Keetje de Mooij



Pediatric Urologist
Aart Klijn



Coördinator Urotherapy
Anka Nieuwhof-Leppink

Wilhelmina Children's Hospital
UMCU

Day 1 Urotherapy course, 25th March 2022

08.00 - 08.30 **Registration and coffee**

08.30 - 08.40 **Welcome**

*Dr. Anka Nieuwhof-Leppink, Coordinator Urotherapy,
UMC Utrecht, Wilhelmina Children's Hospital, NL*

08.40 - 09.15 **Diagnostics and Constipation**

*Prof. dr. Marc Benninga, Professor pediatrics, specialising in pediatric
gastroenterology at Amsterdam University Medical Center, NL*

09.15 - 09.35 **Physiotherapy for children with functional constipation: a pragmatic
randomized controlled trial in primary care**

*Jojanneke van Summeren, MSc, Postdoc researcher/epidemiologist, Nivel,
Utrecht, NL*

*PhD student, department of general practice and elderly care medicine,
University Medical Center Groningen, NL*

09.35 - 10.05 **Nurse specialist research in LUTD**

Parents' expectations of the outpatient care for daytime urinary
incontinence in children

Janita Ekelmans, MSc, Isala Hospital, Zwolle, NL

Parents' experiences with the outpatient care for daytime urinary
incontinence in children

Gertine Kroes, MSc, Isala Hospital, Zwolle, NL

How to train bladder volume?

Saskia de Bruijn, MSc, Emma Children's Hospital, Amsterdam UMC, NL

Short-term effect and quality of life in children after PTNS treatment

Vera Janssen, MSc, Radboud University Medical Center, Nijmegen, NL

10.05 - 10.30 **Coffee break**

10.30 - 11.00 **Bladder training and special needs practical tips**

*Dr. Justine Hussong, Psychologist, Saarland University Hospital,
Homburg, Germany*

- 11.00 - 11.20 **Obesitas and incontinence a review**
Dr. Justine Hussong, Psychologist, Saarland University Hospital, Homburg, Germany
- 11.20 - 11.45 **How useful is Mirabegron in treatment of LUTS**
Dr. Anne Wright, Pediatrician, Evelina's Hospital, London, UK
- 11.45 - 12.15 **Management of bedwetting**
Prof. dr. Kostas Kamperis, Pediatric Nephrologist, Pediatrics and Adolescent Medicine at Aarhus University, Denmark
- 12.15 - 12.30 **Elevator Pitches Industry**
- 12.30 - 13.45 **Lunch program, lunch break and visit the exhibition**
- Program only for members NVCK**
13.15 - 13.45 General Assembly Dutch Continence Society
- 13.45 - 14.30 **Could bladder and bowel problems in children be associated with ineffective sensory modulation?**
*Dr. André Rietman, Neuropsychologist
Department of Child and Adolescent Psychiatry/Psychology and ENCORE Expertise Center, Erasmus MC, Rotterdam, NL*
- 14.30 - 15.15 **Bedwetting interactive case report session**
Prof. dr. Kostas Kamperis, Pediatric Nephrologist, Pediatrics and Adolescent Medicine at Aarhus University, Denmark
- 15.15 - 15.45 **Coffee break**
- 15.45 - 16.30 **Day time incontinence and management, interactive case report session**
*Drs. Hans van der Deure, Pediatrician, Deventer Hospital, NL &
Dr. Yvette Konijnenberg, Pediatrician, St. Jansdal Hospital Harderwijk, NL*
- 16.30 **Closing remarks**
- 16.30 -17.30 **Informal get-together**

Day 2 Urodynamic course, 26th March 2022

09.00 - 09.15 **Welcome**

09.15 - 09.40 **Non-invasive diagnostic tools; bladder diary, ultrasound and flowmetry**
Drs. Caroline Kuijper, Pediatric Urologist, Emma Children's Hospital, Amsterdam UMC, NL

09.40 - 10.00 **General aspects of treatment of LUTS**
Dr. Luitzen Albert Groen, Pediatric Urologist, Emma Children's Hospital, Amsterdam UMC, NL

10.00 - 10.30 **What is the evidence base for urodynamics?**
Dr. Janusz Sulislawski, Pediatric Urologist Jagiellonian University Medical College, Krakow, Poland

10.30 - 11.00 **Coffee break**

11.00 - 11.45 **Urodynamics and imaging**
Drs. George Tsachouridis, Pediatric Urologist, UMC Utrecht, Wilhelmina Children's Hospital, NL

11.45 - 12.45 **Cases Urodynamics; interactive session**
Drs. Keetje de Mooij, Pediatric Urologist, UMC Utrecht, Wilhelmina Children's Hospital, NL
Dr. Anne Wright, Pediatrician, Evelina's Hospital London, UK

12.45 - 13.15 **Urodynamics, tips and tricks**
Dr. Aart Klijn, Pediatric Urologist, UMC Utrecht, Wilhelmina Children's Hospital, NL

13.15 - 14.00 **Lunch**

14.00 - 14.30 **Neuromodulation, what how and when?**
Drs. Liesbeth de Wall, Pediatric Urologist, Radboud University Medical Center, Nijmegen, NL

14.30 - 15.00 **Functional incontinence and surgery?**

*Prof. dr. Rafal Chrzan, Professor and Head Department of Pediatric Urology,
Jagiellonian University Medical College, Krakow, Poland*

15.00 - 15.15 **Break**

15.15 - 16.00 **Industry session**

16.00 **Closing remarks**

Practical information

VENUE

Location

Hotel Theater Figi

Het Rond 2

3701 HS Zeist

Netherlands

Website: <http://www.figi.nl>

Friday March 25

Program

12.15 - 12.30 Elevator Pitches Industry

Program only for members NVCK

13.15 - 13.45 General Assembly Dutch Continence Society

16.30 -17.30 Informal get-together

Internet access

Unlimited wireless is provided for all delegates within the theater for use of own laptops/ tablets/smartphones. The Wi-Fi Network is "Hotel Theater Figi".

Badges

All registered participants will receive a badge.

Recordings

After the course has concluded, you will receive a link to view the recordings.

Registration

Wilhelmina Kinderziekenhuis
Postbus 85090
3508 AB Utrecht
Tel: +31(0)88 75 541 12
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E-mail: urotherapie@umcutrecht.nl

Mariëlle Plug-van den Bree, +31 (0)88 75 541 11 (Tuesday, Thursday)
Lisette Kraai, +31 (0)88 75 541 12 (Monday, Wednesday, Thursday, Friday)

Accreditation

Accreditation points has been awarded by:

- The Dutch Nurses Specialist Register (Verpleegkundig Specialisten Register V&VN)
day 1: 6 CME credits, day 2: 6 CME credits
- Pediatricians: Nederlandse Vereniging voor Kindergeneeskunde (NVK)
day 1: 6 CME credits, day 2: 5 CME credits
- Nurses (Kwaliteitsregister Verpleegkundigen en Verzorgenden en Register Zorgprofessionals)
day 1: 6 CME credits, day 2: 5 CME credits
- Urologists: Nederlandse Vereniging van Urologen (NVU)
day 1: 5 CME credits, day 2: 4 CME credits

For the Dutch Associations has been sent to:

- Physiotherapists: Koninklijk Nederlands Genootschap Fysiotherapie (KNGF)

Evaluation form / Certificate of Attendance

A certificate of attendance will be sent after return of completed evaluation form.

Organisation

Anka Nieuwhof-Leppink (ICCS)

Keetje de Mooij

Marielle Plug

Lisette Kraai

Faculty

Marc Benninga

Jojanneke van Summeren

Janita Ekelmans (NVCK)

Gertine Kroes

Saskia de Bruijn

Vera Janssen

Justine Hussong

Anne Wright (ICCS)

Kostas Kamperis (ICCS)

André Rietman

Hans van der Deure

Yvette Konijnenberg

Caroline Kuijper

Luitzen Albert Groen

Janusz Sulislawski

George Tsachouridis

Aart Klijn

Liesbeth de Wall

Rafal Chrzan

Sponsored by

- Hoogland Medical
- Laborie
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- Wellspect HealthCare B.V.

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